

Vegetable Stamp Printing

Ages 5-10 · 20 min · Small group

Learning intention

This experience supports children to create with natural materials and to develop respect for the environment by reusing food scraps.

You'll need

- Firm vegetables (potato, celery base, capsicum)
- Paint on paper plates
- Paper
- Cutting done by an educator

How to do it

1. An educator cuts the vegetables and carves simple shapes into the potato halves.
2. Show children how the cut base of a celery bunch makes a flower-like print.
3. Children dip the vegetable into paint and press it onto paper to build up patterns.
4. Encourage repeating patterns and overlapping prints in different colours.

Framework links

MTOP

- **4.1** Children and young people develop a growth mindset and learning dispositions such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination and reflexivity
- **2.4** Children and young people become socially responsible and show respect for the environment

NQS

- **3.2.3** Environmentally responsible - The service cares for the environment and supports children to become environmentally responsible.

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