

Sunflower Growing Race

Ages 5-12

Learning intention

This experience supports children to care for living things over time and to observe and record growth.

You'll need

- Sunflower seeds
- Pots and potting mix
- Paddle-pop stick name markers
- A sunny spot and a growth chart

How to do it

1. Each child plants and names a sunflower seed.
2. Water and position pots in the sun.
3. Measure and chart growth each program day.
4. The race is friendly - every flower that blooms wins.

Framework links

MTOP

- **2.4** Children and young people become socially responsible and show respect for the environment
- **4.2** Children and young people develop a range of learning and thinking skills and processes such as problem solving, inquiry, experimentation, hypothesising, researching and investigating

NQS

- **3.2.3** Environmentally responsible - The service cares for the environment and supports children to become environmentally responsible.

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