

Seed Planting & Discovery Garden

Ages 4–10 · 30 min · Small group

Learning intention

This experience supports children to care for living things and to observe change over time.

You'll need

- A coco peat pellet
- A saucer
- Water (35ml)
- Seeds or seed paper
- A small pot

How to do it

1. Children place a coco pellet on a saucer and pour over warm water to expand it.
2. Break up the soil and part-fill a pot.
3. Add the seed paper, then cover with the remaining soil and press gently.
4. Place in a sunny spot and care for it over the coming weeks.

Adapting for under-5s (EYLF v2.0)

A foundational early-years experience supporting respect for the environment and observing the natural world over time.

Framework links

MTOP

- **2.4** Children and young people become socially responsible and show respect for the environment
- **4.2** Children and young people develop a range of learning and thinking skills and processes such as problem solving, inquiry, experimentation, hypothesising, researching and investigating

EYLF

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NQS

- **3.2.3** Environmentally responsible - The service cares for the environment and supports children to become environmentally responsible.

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