

Quiet Stacking & Connecting

Ages 5-10 · 20-30 min · Small group

Learning intention

This experience supports children to develop fine-motor skills and focus, and to play cooperatively.

You'll need

- Connecting blocks or stacking pieces
- A flat table

How to do it

1. Children play quiet stacking and connecting games at the table.
2. Set gentle challenges, such as the tallest tower or a matching pattern.
3. Encourage children to play cooperatively and help each other.
4. A low-key option for transitions and rest times.

Framework links

MTOP

- **3.2** Children and young people become strong in their physical learning and wellbeing
- **5.1** Children and young people interact verbally and non-verbally with others for a range of purposes

NQS

- **2.1.1** Wellbeing and comfort - Each child's wellbeing and comfort is provided for, including appropriate opportunities to meet each child's need for sleep, rest and relaxation.

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