

No-Cook Playdough

Ages 4-10 · 15 min · Small group

Learning intention

This experience supports children to explore texture through their senses and to resource their own play with open-ended materials.

You'll need

- 2 cups plain flour
- 1 cup salt
- 1 tbsp oil
- 1 cup cold water
- Food colouring

How to do it

1. Combine the flour and salt in a bowl.
2. Add the water, oil and a few drops of colouring, mixing as you go.
3. Knead until smooth and no longer sticky - add a little flour if needed.
4. Store in an airtight container so it lasts for several sessions.

Adapting for under-5s (EYLF v2.0)

A foundational early-years sensory experience supporting physical wellbeing and self-resourced learning.

Framework links

MTOP

- **3.2** Children and young people become strong in their physical learning and wellbeing
- **4.4** Children and young people resource their own learning through connecting with people, place, technologies and natural and processed materials

EYLF

- **3.2** Children become strong in their physical learning and wellbeing
- **4.4** Children resource their own learning through connecting with people, place, technologies and natural and processed materials

NQS

- **3.2.2** Resources support play-based learning - Resources, materials and equipment allow for multiple uses, are sufficient in number, and enable every child to engage in play-based learning.

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