

Nature Self-Portraits

Ages 5-10 · 30 min · Small group (outdoors)

Learning intention

This experience supports children to develop a confident self-identity and to build a connection with the natural environment.

You'll need

- Paper
- Glue
- Pens
- Natural materials gathered outside

How to do it

1. Children collect sticks, leaves, grass and flowers from the yard.
2. Back at the table, they arrange the materials to form a portrait of themselves.
3. Glue the natural pieces down and add details with pens.
4. Talk about the different textures and colours found in nature.

Framework links

MTOP

- **1.3** Children and young people develop knowledgeable, confident self-identities and a sense of positive self-worth
- **2.4** Children and young people become socially responsible and show respect for the environment

NQS

- **3.2.1** Inclusive environment - Outdoor and indoor spaces are organised and adapted to support every child's participation and to engage every child in quality experiences in both built and natural environments.

Get hundreds of NQF-aligned activities, 1-click planning, link children, track NQF outcomes for each child, AI educator observations and reflections. Make NQS 1 portfolios easy with One Child.

www.onechild.com.au