

Nature 'Cooking' Play

Ages 5-9 · 30 min · Small group (outdoors)

Learning intention

This experience supports children to engage in imaginative play and to build a connection with nature.

You'll need

- Plastic bowls
- Found natural materials

How to do it

1. Build on children's interest in collecting and mixing natural items.
2. Children gather leaves, seeds and petals around the yard.
3. They combine their finds into pretend dishes in the bowls.
4. Encourage storytelling about what they're 'cooking'.

Framework links

MTOP

- **4.1** Children and young people develop a growth mindset and learning dispositions such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination and reflexivity
- **2.4** Children and young people become socially responsible and show respect for the environment

NQS

- **3.2.1** Inclusive environment - Outdoor and indoor spaces are organised and adapted to support every child's participation and to engage every child in quality experiences in both built and natural environments.

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