

Craft-and-Move Animal Dance

Ages 4-8 · 30 min · Whole group

Learning intention

This experience supports children to develop movement and coordination, and to experience joy and self-expression.

You'll need

- Paper and craft materials
- A music device
- Feathers or paper for costumes

How to do it

1. Make simple animal characters or costume pieces from paper.
2. Add features like beaks, wings or ears.
3. Play music and do a silly animal dance together.
4. Combine craft and movement for a light, joyful session.

Framework links

MTOP

- **3.2** Children and young people become strong in their physical learning and wellbeing
- **1.2** Children and young people develop their autonomy, interdependence, resilience and agency

NQS

- **2.1.3** Healthy lifestyle - Healthy eating and physical activity are promoted and appropriate for each child.

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